

SPAY HOME CARE INSTRUCTIONS

Spay Discharge Instructions

Your pet has just undergone major abdominal surgery to remove her ovaries and uterus. Your pet received an anesthetic so they may still be a little sleepy tonight. Please keep them indoors, confined, and away from stairs for the next 2 weeks unless they are supervised until fully recovered.

Feeding

1. Offer ½ of their usual amount of food tonight. We recommend waiting at least an hour after they arrive home to allow their stomach to settle.
2. Offer water in small increments to help prevent vomiting.
3. Your pet can return to normal food and water amounts tomorrow.

Monitoring

1. Please check the incision daily for signs of redness, swelling, discharge, or excessive pain or heat. Bruising of the tissues surrounding the surgical site is common and can be normal.
2. If your pet stops eating, vomits or becomes lethargic call Grand Pet Care 800-FOR-A-VET.
3. If you notice your pet licking or chewing the incision, try to discourage this behavior verbally. If you are unable to control this behavior, please be sure to use the e-collar that has been provided to you to help prevent your pet from irritating the incision.
4. Please do not bathe or allow your pet to swim for 14 days or, if applicable, until the external skin sutures have been removed.
5. FOR CATS: we recommend using shredded paper in the litterbox for the next two weeks.

Suture Removal

If external skin sutures were placed, please make an appointment in 10 days to have the sutures removed.

Exercise

1. Please keep your pet indoors or kenneled to help reduce activity.
2. Please limit your pets' exercise for 7-10 days after surgery. Your pet should not run, jump, or play with other animals.
3. Your pet may return to normal activity 10-14 days after surgery.

Medication

If your pet was prescribed medication, please administer the medication in accordance with the directions on the label.

Anesthesia Notes

1. Some pets experience euphoria and show odd behavior hours to days after a procedure. This can be normal and should resolve without further treatment.
2. For your pets' safety, he/she was intubated. You may notice some coughing for the next couple of days. This is normal due to a small amount of irritation to the throat from the endotracheal tube. a. If coughing seems excessive, please contact our office at 714-558-7622.

Weight

1. Spaying your pets can lead to changes in metabolism so it is important to monitor weight closely. If your pet is gaining weight, decrease feeding amounts as needed to keep weight gain under control.
2. Spaying your pet can also lead to a decrease in activity therefore pets that exercise less should be fed less.

